

Taverna della Torre



Cisternino, one of the most beautiful old towns of Italy and part of the circuit “Uno dei borghi più belli d’Italia”, is also considered the pearl of Itria Valley and the heart of old traditions and history and century old olive trees and Trulli. It is accompanied by the traditional architecture of old narrow streets in white stone, and cuisine of quality that goes back in history and time.

Recently restored, where during its works a niche /grottoe cave was discovered which had been dug in the rock, and entrance where you had access to a water cistern collecting rainwater.

From a more accurate research it was discovered that the rock was base on which the Norman-Swabian “Tower” was built, boundaries of which are next to the restaurant.

From this idea to name the restaurant “TAVERNA DELLA TORRE” and to highlight the works of our ancestors creating a wine cellar within the rock (old facade of stone) and a wooden fireplace in the entrance of the water cistern.

The structure of the premises is typical of this area, built with the same stones obtained by cutting the natural rock, with arch vaulted ceilings, following the style of the “spontaneous” and creative architecture. From restaurant also one can see in the distance as it is opposite the Itria Valley, a unique site in the world as it is scattered with “Trulli”.

Second courses " I secondi "

Tender salt cod (stock fish) fillet potroasted with mediteranean flavours

Il filetto di baccalà scottato alle erbe fini

White king prawns with flavours's sauce

I gamberoni bianchi con salsa speziata

Veal Entrecôte roasted with artichokes and Grana cheese strips

Entrecôte di Vitello con carciofi e scaglie di grana

Sliced tender veal fillet with rocket and local cheese

la tagliata di vitellino con rucola e formaggio nostrano

Rabbit from "Valle d'Itria" with wild fennel and black olives

Il coniglio della valle d'Itria con finocchietto e olive nere

Mix grill of local meats

L'arrosto misto di carni locali

Side dishes "I Contorni"

Capricciosa salad

L'insalata capricciosa

French fries (fresh)

Le patatine fritte (fresche)

Steamed fresh vegetables

La verdura fresca al vapore

Roast potatoes (fresh)

Le patate al forno (fresche)

Dessert, ice-cream and fruit "I Dolci - La Frutta"

Coppa Taverna (Creamy ice-cream with honey biscuits and melted chocolate)

La coppa Taverna (fatta con gelato cremoso, croccanti al miele e fonduta di cioccolato caldo)

Puff pastry with coffee cream and orange flavoured chocolate

La millefoglie con crema al caffè e cioccolato all arancia

Panna cotta with glazing fruit and passion fruit

La panna cotta con frutta glassata e passion fruit

Taverna della torre's apple pie

La torta di mele e noci con gelato al miele

Fondant chocolate mousse with dried fruits

La mousse al cioccolato fondente con frutta secca

Coperto Cover charge



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